



HOW TO MANAGE YOUR DOG'S DENTAL HEALTH

Because good health keeps them smiling



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“Over 80% of dogs over the age of three have active dental disease.”

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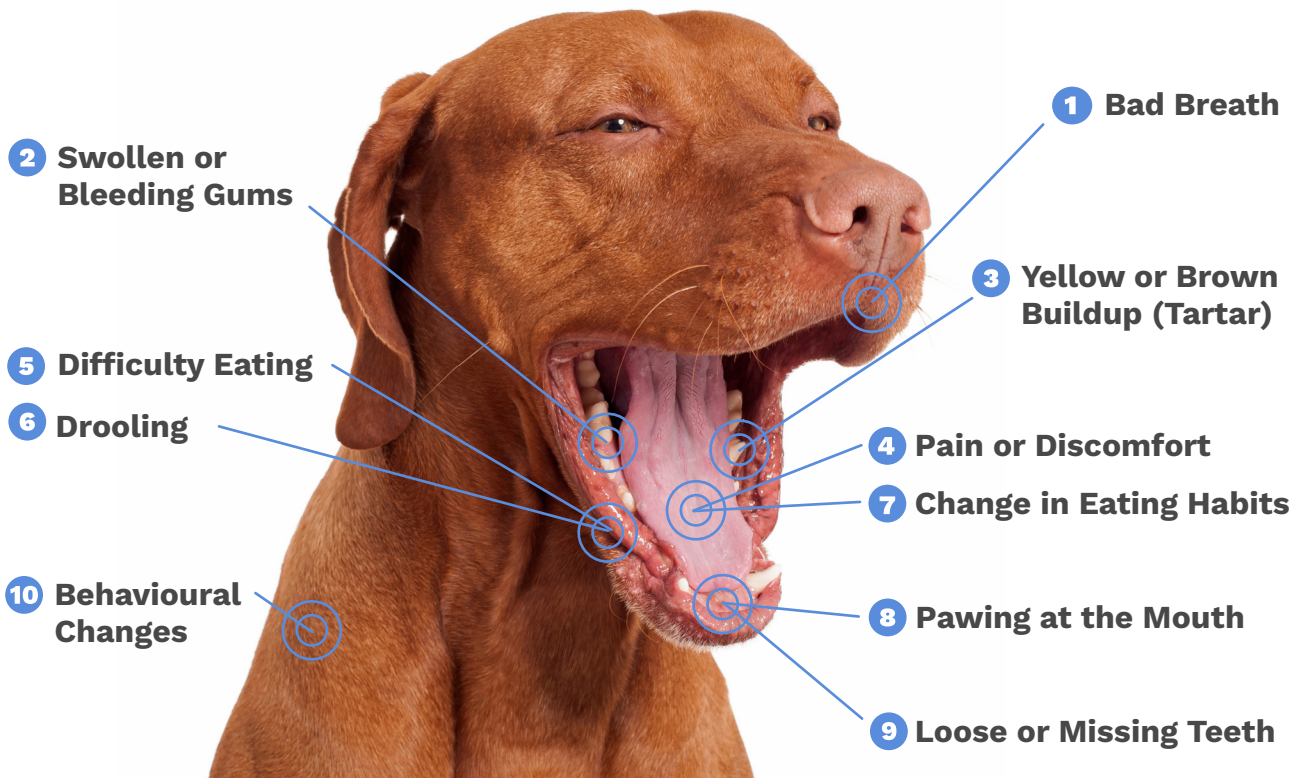
As devoted pet parents, ensuring the health and wellbeing of our canine companions is paramount. Among the many concerns that can arise, dental health issues are often overlooked but can cause discomfort and distress for our beloved dogs.

Recognising the symptoms indicative of dental health problems, understanding the contributing factors, and seeking appropriate remedies are essential aspects of responsible pet care.

In this guide, we'll delve into the telltale signs that your dog may be experiencing dental health issues, explore the various factors that can contribute to these problems, and introduce potential solutions aimed at alleviating discomfort and promoting good dental health.

By arming yourself with knowledge and effective remedies, you can help ensure your canine companion enjoys a comfortable and happy life.

Common signs your dog is suffering from poor dental health



- 1 Bad Breath:** Persistent bad breath (halitosis) can be a sign of dental disease in dogs.
- 2 Swollen or Bleeding Gums:** Inflamed or bleeding gums can indicate gingivitis or periodontal disease.
- 3 Yellow or Brown Buildup (Tartar):** Accumulation of tartar on the teeth can lead to gum irritation and dental disease.
- 4 Pain or Discomfort:** Dogs may show signs of pain or discomfort when eating, chewing, or when their mouth is touched.
- 5 Difficulty Eating:** Dogs with dental issues may have difficulty chewing or may avoid hard food altogether.
- 6 Drooling:** Excessive drooling can be a sign of dental pain or discomfort.
- 7 Change in Eating Habits:** Dogs with dental problems may eat more slowly, eat less, or avoid certain foods.
- 8 Pawing at the Mouth:** Dogs may paw at their mouth or face if they are experiencing dental pain or discomfort.
- 9 Loose or Missing Teeth:** Loose teeth or missing teeth can be a sign of advanced dental disease.
- 10 Behavioural Changes:** Dogs may become irritable or show changes in behaviour due to dental pain or discomfort.



Factors that may contribute to poor dental health

Poor Dental Hygiene: Lack of regular brushing and dental care can lead to plaque and tartar buildup, which can contribute to gum disease and tooth decay.

Diet: A diet high in carbohydrates and sugars can contribute to dental issues in dogs. Sticky or hard treats can also lead to dental problems.

Age: Older dogs are more prone to dental issues due to wear and tear on their teeth over time.

Genetics: Some breeds are more prone to dental issues due to their anatomy or genetics. Breeds with crowded or misaligned teeth may be more susceptible to dental problems.

Chewing Behaviour: Chewing on hard objects, such as rocks or hard toys, can lead to tooth fractures or wear that can contribute to dental issues.

Health Conditions: Underlying health conditions, such as diabetes or kidney disease, can affect dental health in dogs. Medications that reduce saliva production can also contribute to dental problems.

Lack of Professional Dental Care: Regular professional cleanings by a veterinarian are important for maintaining dental health in dogs. Without regular cleanings, plaque and tartar can build up, leading to gum disease and tooth decay.

The great news is that there's lots of scientific evidence to support the incorporation of plaque fighting ingredients into our dogs' diets to support both their dental health and long-term health and wellness.

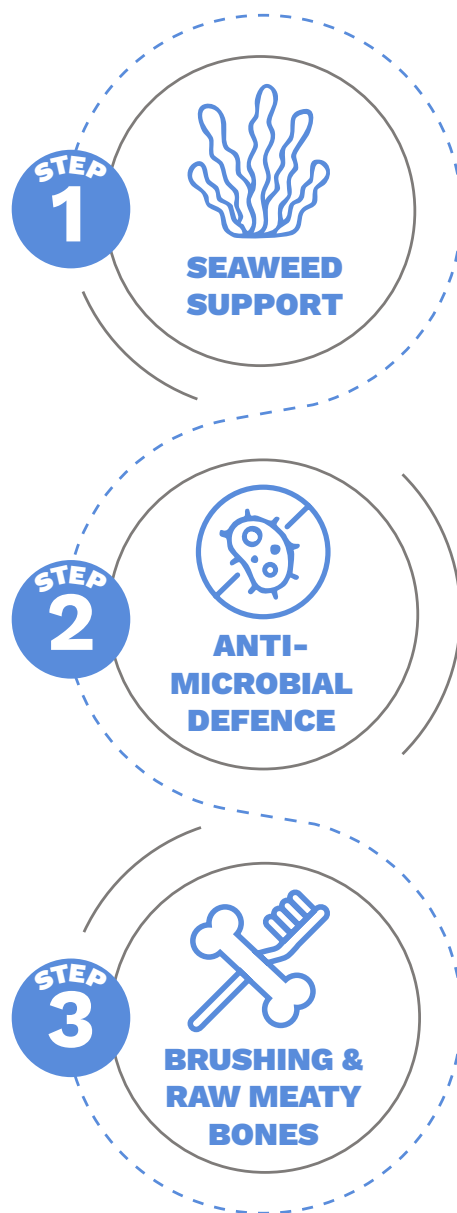
Let's start by looking at the top fundamental ways you can support your dog's health starting today.



Dental Health Support Starts Here

Dental health issues can be complicated and have various causes that affect more than just your pet's health. It's important to identify and address these root causes to fix the problem and improve your pet's overall health, rather than just treating the symptoms.

To best support your canine companion, we have designed a 3-step support strategy to address several underlying causes of dental health problems.*



*As a general rule, pet owners should always seek the guidance of their veterinarian as the first step when their pet displays any concerning symptoms. Only a qualified veterinarian can provide a formal diagnosis and recommend appropriate treatment options tailored to the specific needs of your pet.



What are 3 common dental health problems?

Dental plaque is a soft sticky deposit of bacteria from saliva, food and fluid that coats the teeth and collects where the teeth and gums meet. These bacterial deposits can damage teeth, lead to the formation of tartar, and cause periodontal disease.

Dental tartar (or calculus) forms when minerals from saliva are deposited into dental plaque, making it a hard layer that strongly bonds to the tooth enamel.

Dental disease, such as gingival bleeding, can cause significant pain to pets and, as it advances, they can experience tooth and gum infection, inflammation, bone loss and tooth loss.

Ascophyllum nodosum seaweed

Ascophyllum nodosum is a rich source of polysaccharides (e.g. ascophyllan, fucoidan & laminarin), phenols, amino acids, and an unique combination of vitamins and trace minerals. These beneficial compounds are absorbed into the blood stream and then released into the oval cavity via the saliva.

Ascophyllum nodosum and its natural compounds have been found to have antibacterial, antioxidant and anti-inflammatory properties, which act in the body to:

- Reduce inflammation
- Inhibit tartar build-up
- Prevent the adhesion of bacteria to the surface of the tooth, thus inhibiting deposition of plaque

Benefits of Ascophyllum nodosum for dogs with dental health issues

- Slower development of dental plaque
- Significantly less plaque overall
- Significantly lower levels of calculus
- Significantly less gingival bleeding 2-3 months post dental surgery



Colostrum

Colostrum, often hailed as nature's first food, offers numerous health benefits for dogs beyond its initial role in providing essential nutrients to newborns. As an antimicrobial supplement, colostrum holds particular promise for supporting dental health in dogs.

Packed with antibodies, growth factors, and immune-boosting compounds, colostrum helps combat harmful bacteria that can lead to dental issues such as plaque buildup and periodontal disease. By bolstering the immune system and promoting oral health, colostrum serves as a natural defense mechanism against oral pathogens, ultimately contributing to fresher breath, healthier gums, and stronger teeth in dogs.

Incorporating colostrum into a dog's daily dental care regimen can provide an effective and holistic approach to maintaining their oral hygiene and overall well-being.

Benefits of colostrum for dogs with dental health issues

- Contains antibodies and immune-boosting compounds that target oral bacteria to reduce plaque development
- Reduces inflammation and promotes healing of the gums
- Rich nutrient profile helps strengthen teeth
- Targets oral bacteria to eliminate bad breath
- Enhances overall immune function
- Free from synthetic additives or harsh chemicals
- Supports ongoing oral hygiene, helping to keep teeth and gums healthy over time

MCT Oil

Medium-chain triglycerides (MCT) are sourced from non-GMO organic coconuts. Coconuts have the richest source of MCTs on earth. Medium-chain fatty acids consist of caprylic (C8:0), capric (C10:0) and lauric (C12:0) acids. These medium-chain fats in coconut oil are similar to fats in mother's milk and have similar nutraceutical benefits.

MCTs differ from other dietary fats (i.e. long-chain fatty acids) in the way they are metabolised. MCTs are easier for the body to process based on their shorter chain lengths. The advantage of having a shorter chain is that these triglycerides

can bypass the need to be broken down by bile, which allows them to go straight to the liver for processing. The liver is where the fat in your dog's body is converted directly into ketones that the body and brain use for fuel.

Preliminary evidence suggests that the MCTs found in coconut oil have antimicrobial properties.

Benefits of MCT oil for dogs with dental health issues

- Natural antibacterial properties that may help combat harmful oral bacteria
- Anti-inflammatory properties which may alleviate inflammation in the gums and oral tissues as well as promote healing
- Regular use of MCT oil can contribute to maintaining overall oral health
- May eliminate odour-causing bacteria in the mouth
- May improve the absorption of fat-soluble vitamins and nutrients





Teeth brushing

Brushing your dog's teeth is a crucial aspect of their overall health and well-being, yet it's often overlooked by pet owners. Just like humans, dogs can suffer from dental issues such as plaque buildup, tartar accumulation, gum disease, and tooth decay if their teeth are not properly cared for.

Regular brushing helps remove food particles, bacteria, and plaque from the teeth and gums, preventing the formation of tartar and reducing the risk of oral health problems. Additionally, brushing your dog's teeth provides an opportunity to inspect their mouth for any signs of dental issues or abnormalities, allowing for early detection and intervention.

However, it's essential to use a toothpaste specifically formulated for dogs, as human toothpaste contains ingredients that can be harmful if ingested by pets. Natural alternatives like [ShyTiger toothpaste](#), provide a safe and effective option for maintaining your dog's oral hygiene. [ShyTiger toothpaste](#) is made from natural ingredients such as coconut oil, baking soda, and mint, which help freshen breath, prevent plaque buildup, and promote healthy gums.

Raw meaty bones

Providing appropriately sized raw meaty bones for dogs is essential for maintaining their dental health. Unlike kibble, raw meaty bones offer several benefits for oral hygiene. The act of gnawing on raw bones helps scrape away plaque and tartar buildup from the surface of the teeth, promoting cleaner and healthier teeth and gums.

Additionally, the chewing action stimulates saliva production, which contains enzymes that naturally break down bacteria and food particles, further reducing the risk of dental disease. Unlike kibble, which can easily crumble and stick to the teeth, raw meaty bones provide a natural abrasive texture that effectively cleans teeth without leaving behind residue.

Moreover, the physical act of chewing on raw bones also strengthens the jaw muscles and provides mental stimulation for dogs, contributing to their overall well-being.

VetActiv8 Dental Health

VetActiv8 Dental Health is a daily supplement specifically formulated to support oral health. Made from 100% pure *Ascophyllum nodosum* seaweed, research suggests that this ingredient can help reduce the buildup of plaque and tartar. This product is recommended for maintaining healthy teeth and gums, as well as promoting fresh breath.

Additionally, VetActiv8 Dental Health is an excellent source of essential vitamins and minerals. It is particularly noted for its high concentrations of iodine, calcium, potassium, iron, and magnesium, which are crucial for maintaining good health. It also contains a wide array of over 40 minerals and more than 10 vitamins, along with 20 amino acids. This supplement serves as a valuable source of extra nutrients and may be particularly beneficial for dogs with nutritional deficiencies.

Directions for use

Add to food.

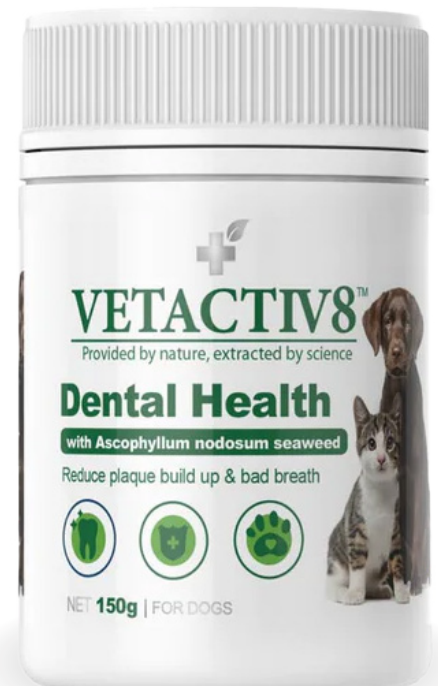
Body weight	< 6 kg	6 - 12 kg	12 - 20 kg	>20 kg
Amount	½ scoop	1 scoop	1.5 scoops	3 scoops

Ingredients

100% *Ascophyllum nodosum*

Caution

High in iodine. Do not use in dogs with thyroid disease or during pregnancy and lactation without professional veterinary supervision.



150 g oral powder
[Learn more about this dental health product here](#)

Pure Colostrum

Beneficial for dogs of all ages, Pure Colostrum is a rich source of macro- and micro-nutrients, immune modulators, growth factors and other bioactive compounds that work to promote a healthy gut, enhance normal immune function, reduce allergy risk, and support healthy growth and aging.

Directions for use

As a general guide give 1 flat scoop (¼ tsp) per 10 kg of bodyweight once daily in food, or as recommended by your animal healthcare professional. Do not heat.

Ingredients

First milking bio-active freeze-dried bovine colostrum powder.

No fillers or additives.

Cautions

Avoid in dogs with known dairy allergy.



Healthy
immune defence



Maintains gut
barrier integrity



Ideal support
for puppies



Healthy
aging

60 g oral powder

[Learn more about this product here](#)



**Want to learn more about Pure Colostrum?
Check out our podcast!**

Cognition Care

Cognition Care is a premium-quality MCT oil derived from 100% pure, non-GMO coconut oil.

Studies show that MCT oil can serve as a brain-boosting fuel source, and can hinder the growth of strains of yeast and bacteria found in the mouth and on the skin.

Directions for use

Start with a lower dose and gradually increase to avoid digestive upset. Can be added to meals or given directly. For best results, use daily.

Suitable for dogs with pancreatic insufficiency, malabsorption issues, and sensitive stomachs.

Body weight	< 5 kg	5 - 10 kg	10 - 20 kg	20 - 35 kg	>35 kg
Amount	¼ tsp	½ tsp	1 - 2 tsp	1 - 1 ½ tsp	1 ½ - 2 tsp

Ingredients

100% Medium Chain Triglycerides (MCT) oil
 - Caprylic acid (C8) 60%
 - Capric acid (C10) 40%

Caution

Start with a lower dose and gradually increase to avoid digestive upset. Consult your veterinarian before use during pregnancy or lactation.



[Book Here](#)

If you are looking for further bespoke support, we offer health consultation services for dogs, designed to meet the varying needs of pet owners and their companions. These consultations are available after a veterinary diagnosis has been provided.

These custom health consultations come with an option to purchase individual tailored herbal tonics. A Custom Blend is the perfect approach to more specifically target your dog's health needs and concerns.

Essential Digestive Health Solutions for Your Dog

For dogs suffering from more severe or chronic gastrointestinal issues we have the Essential Digestive Health Solutions Guide. This free guide helps you learn the indicators of poor digestive health so you can become more informed on how to best care for your canine's gut and overall wellbeing.

Click on the guide on the right to visit the resources page on our website and download the free guide.



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Natural Health for People and Pets

CanineCeuticals® provides a premium, human-grade supplement range for dogs.

We fuse ancient traditional medicine with the latest scientific evidence to create the most effective health solutions for your pet.

Created by an accredited Clinical Naturopath, Nutritionist and Herbalist, CanineCeuticals® offers a more holistic approach to supporting the core health of your dog to ensure they receive the best health outcome possible.

CanineCeuticals® uses human-grade ingredients (locally sourced in Australia wherever possible) to create pet-friendly oral powders, oral liquids and soft gel capsules.

We believe that good health starts from the inside out, which is why we provide full support for your dog's foundational health across all life stages.

Our range of products targets everything from allergy support to digestive health, joint health, emotional wellbeing, immune support, general health and wellness, nutritional support, and even liquid herbal solutions. With our full ingredient transparency, you can rest assured that your pet is getting the best possible care.



**Narelle Cooke, accredited
Clinical Naturopath,
Nutritionist and Herbalist -
Founder of CanineCeuticals®**

I created CanineCeuticals® because I'm passionate about the wellbeing of our pets.

With three French Bulldogs, one German Shepherd, one Rottweiler and one Burmese cat myself, I wanted to see my own pets live their best and longest life.

But like many pet parents out there, I became increasingly disappointed and frustrated with the quality of the products available on the market, finding that, more often than not, they contained inferior ingredients along with artificial colours, flavours and preservatives, which are simply not in the best interest of our pets overall health and longevity - and so CanineCeuticals® was born!



Healthcare that
you would expect
for yourself.

