



HOW TO MANAGE AGING IN SENIOR DOGS

Because good health supports their golden years



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As devoted pet parents, ensuring the health and wellbeing of our aging canine companions is more important than ever. As dogs enter their senior years, a range of age-related health concerns can arise. While we can't stop our dogs from aging, we do have a lot of control over how well they age and their quality of life during their senior years.

Recognising the signs of aging, understanding the factors that contribute to age-related decline, and implementing appropriate care strategies are essential aspects of supporting your senior dog.

In this guide, we'll explore the key indicators that your dog may be experiencing age-related challenges, delve into the common health issues faced by senior dogs, and provide guidance on how to enhance their comfort and longevity.

By equipping yourself with the right knowledge and care, you can help your senior dog enjoy their golden years with vitality and happiness.

How Dogs Age

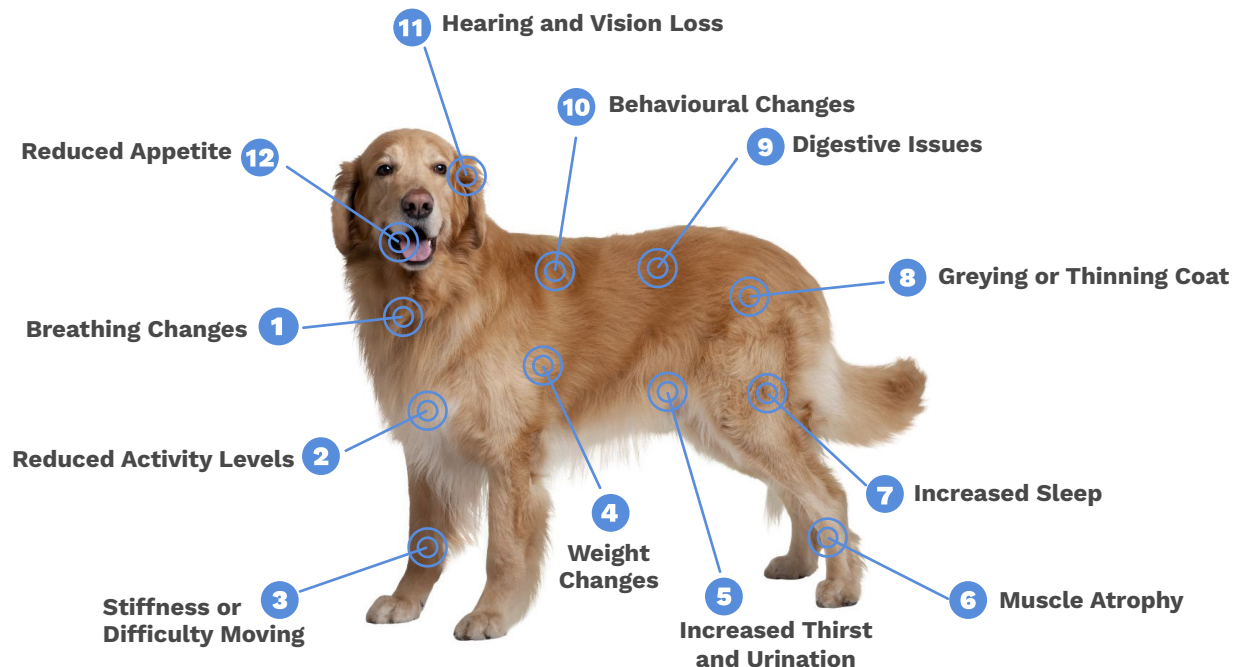
On average, smaller dogs tend to mature faster and live longer, often well into their teens, while larger breeds mature more slowly and typically have shorter lifespans. This difference means that large and giant breeds can start showing signs of aging much earlier than their smaller counterparts.

The common belief that ‘1 dog year is equivalent to 7 human years’ isn’t as accurate as we once thought it was, but it’s still a good place to start in gaining an understanding of how quickly your dog may be aging.

To complicate things further, the age at which veterinarians consider a dog to be “senior” often arrives much sooner than many pet owners expect – as shown in the table below. Recognising when your dog has reached this life stage is crucial to providing the right care and support as they age.

Dog size	Tiny (<10 kg)	Small (10 – 25 kg)	Medium (25 – 40 kg)	Large (>40 kg)
Age considered senior	8 years	7 years	6 years	5 years

Common Signs Your Dog is Aging



- 1 Breathing Changes:** Senior dogs may pant more frequently or have shortness of breath after minimal exertion.
- 2 Reduced Activity Levels:** Senior dogs may become less active, showing a reluctance to engage in exercise, play, or activities they once enjoyed.
- 3 Stiffness or Difficulty Moving:** Aging dogs may display stiffness, particularly

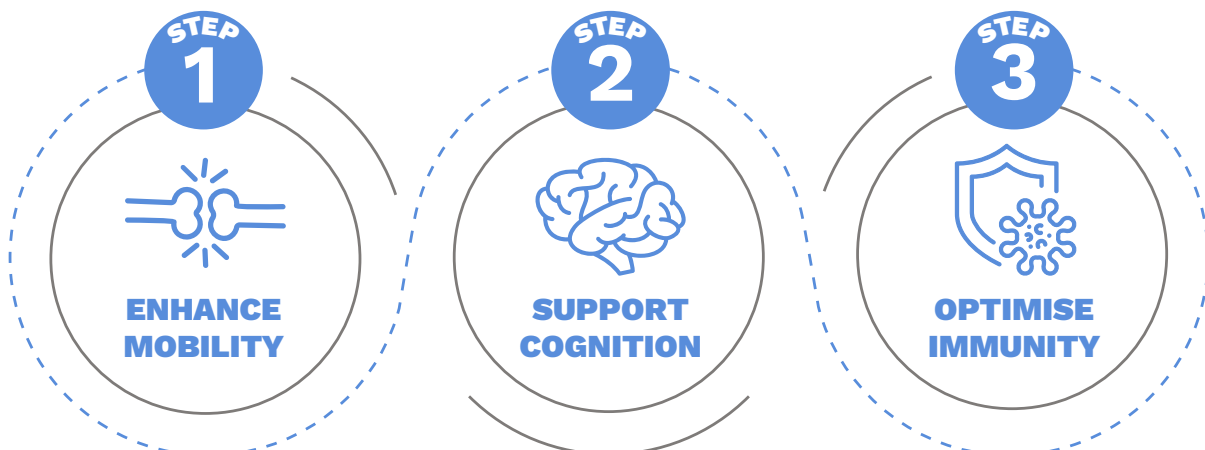
after rest or when getting up, and may struggle with activities like climbing stairs or jumping.

- 4 Weight Changes:** Dogs may gain weight due to reduced activity or lose weight as a result of decreased appetite or health issues.
- 5 Increased Thirst and Urination:** Dogs may drink more and urinate more frequently, which could signal kidney issues or other age-related conditions.
- 6 Muscle Atrophy:** Muscle loss, especially in the hind legs, is a common sign as dogs age and become less active.
- 7 Increased Sleep:** Older dogs often sleep more, and their sleep patterns may shift, with longer naps during the day or restlessness at night.
- 8 Greying or Thinning Coat:** Greying around the muzzle and face, along with thinning or dull coats, are common signs of aging.
- 9 Digestive Issues:** Constipation, diarrhoea, or sensitivity to certain foods can become more common in senior dogs.
- 10 Behavioural Changes:** Aging can lead to increased anxiety, confusion, or irritability, and some dogs may become more withdrawn or less interactive.
- 11 Hearing and Vision Loss:** Senior dogs may have reduced response to sounds, bump into objects, or have cloudy eyes, indicating hearing or vision decline.
- 12 Reduced Appetite:** Older dogs may eat less or struggle with chewing, often due to dental problems or underlying health concerns.

The great news is that there's plenty of scientific evidence to support incorporating quality supplements into your senior dog's routine to promote vitality and enhance their quality of life as they age.

Let's begin by exploring the key ways you can support your aging dog's health, starting today.

Healthy Aging Starts Here



Age-related health issues can be complex, affecting more than just your senior dog's mobility and energy levels. It's essential to identify and address the root causes of these changes to improve your dog's overall well-being, rather than just managing the symptoms.

To provide the best care for your aging companion, we've developed a 3-step support strategy designed to address the most common challenges senior dogs face as they grow older.*



*As a general rule, pet owners should always seek the guidance of their veterinarian as the first step when their pet displays any concerning symptoms. Only a qualified veterinarian can provide a formal diagnosis and recommend appropriate treatment options tailored to the specific needs of your pet.



ENHANCE MOBILITY

P.E.A (Palmitoylethanolamide)

Chronic pain is unfortunately a frequent experience for aging pets, particularly with osteoarthritis. Estimates suggest that up to 80% of dogs over the age of eight experience some degree of arthritis.

P.E.A is a naturally occurring compound with well-documented therapeutic benefits, particularly in managing pain and inflammation. P.E.A's dual action of reducing inflammation and alleviating pain makes it highly effective in managing conditions such as arthritis, degenerative joint disease, and other inflammatory disorders, making it an excellent option for supporting the mobility and overall well-being of senior dogs.

In addition to its anti-inflammatory and analgesic effects, P.E.A also works to reduce oxidative stress in the body. By addressing the underlying causes of discomfort, P.E.A goes beyond simple pain relief, helping to improve your senior dog's mobility and quality of life.

Benefits of P.E.A for Senior Dogs:

- Modulates the body's pain response, easing discomfort.
- Reduces joint inflammation for better pain relief.
- Enhances joint function, supporting easier movement.
- Safe to use alongside other pain medications.

Omega-3 Fatty Acids

Omega-3 fatty acids are highly beneficial for senior dogs, particularly in supporting joint health and mobility. Essential nutrients like EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), found in marine sources such as fish oil, krill, and Green-lipped mussels, have powerful anti-inflammatory properties that are critical in reducing inflammation in aging dogs.

By integrating into cell membranes, omega-3 fatty acids can modify inflammatory processes at the cellular level, reducing the production of compounds that drive joint inflammation. This can lead to significant improvements in mobility and comfort for senior dogs suffering from arthritis or other age-related joint conditions.

Beyond reducing inflammation, omega-3 fatty acids help maintain the structure and function of joint tissues, offering a holistic approach to improving joint health and enhancing the overall well-being of senior dogs.

Benefits of Omega-3 Fatty Acids for Senior Dogs:

- Reduces joint inflammation and supports pain relief.
- Improves mobility and overall joint function.
- Protects against age-related cognitive decline.
- Supports heart health and immune function.

Curcumin

Curcumin, the active compound in turmeric, is a potent natural anti-inflammatory agent, providing significant benefits for senior dogs experiencing joint pain or arthritis. Its ability to reduce inflammation is comparable to some non-steroidal anti-inflammatory drugs (NSAIDs), making it a powerful natural alternative for improving mobility and alleviating discomfort in aging dogs.

In addition to its anti-inflammatory effects, curcumin's antioxidant properties help protect joint tissues from damage caused by free radicals. This added protection is crucial for maintaining healthy joint function and relieving the pain often associated with age-related conditions in senior dogs.

Benefits of Curcumin for Senior Dogs:

- Reduces inflammation and alleviates joint pain.
- Acts as a natural alternative to NSAIDs.
- Protects joint tissues from oxidative damage.
- Enhances mobility and overall comfort.

Collagen

Collagen peptides have been shown to significantly benefit senior dogs suffering from osteoarthritis and age-related mobility issues. Collagen is a major structural protein found in cartilage, tendons, ligaments, and muscle tissue, making it essential not only for joint integrity but also for maintaining lean muscle mass—something senior dogs naturally begin to lose with age.

Because collagen is difficult for dogs to digest in its natural form, it must be processed into hydrolysed collagen peptides for optimal absorption and bioavailability.

Benefits of Collagen for Senior Dogs:

- Helps alleviate joint inflammation and discomfort
- Supports the health of cartilage, tendons, ligaments, and muscle tissue
- Promotes repair and regeneration of joint tissues
- Helps preserve lean muscle mass and strength in aging dogs
- Encourages new cartilage formation for improved joint function
- Provides antioxidant support to reduce oxidative damage in joints and muscles

Studies on specific collagen peptides like Fortigel® show that after 16 weeks of use in dogs with osteoarthritis, improvements include increased agility, reduced pain and lameness, and enhanced muscle mass—leading to better mobility and a higher quality of life for senior dogs.



STEP 2

SUPPORT COGNITION

P.E.A (Palmitoylethanolamide) for Cognitive Health

P.E.A is not only known for its anti-inflammatory properties, but also for its neuroprotective effects, making it a valuable supplement for supporting cognitive health in aging dogs. Cognitive decline, similar to dementia in humans, can occur in senior dogs as a result of neuroinflammation, oxidative stress, and changes in brain function. P.E.A works by modulating the endocannabinoid system, reducing inflammation in the brain, and protecting neural tissues from further damage.

By lowering levels of pro-inflammatory cytokines, P.E.A helps to reduce oxidative stress in the brain, which is a major factor in cognitive decline. In doing so, it supports healthy brain function and may slow the progression of cognitive dysfunction syndrome (CDS), a common condition in senior dogs that affects memory, learning, and behaviour.

Benefits of P.E.A for Cognitive Health in Senior Dogs:

- Reduces neuroinflammation and oxidative stress
- Protects brain cells from damage
- Helps slow cognitive decline and supports memory retention
- Supports overall brain health and function

Omega-3 Fatty Acids for Brain Function

Omega-3 fatty acids, particularly EPA and DHA, play a vital role in maintaining brain health, making them essential for supporting cognition in aging dogs. DHA is a key component of brain cell membranes and is crucial for the structure and function of neurons. As dogs age, oxidative stress and inflammation can negatively impact brain function, leading to memory loss, confusion, and cognitive decline. Omega-3s help mitigate these effects by reducing inflammation in the brain and protecting neurons from damage.

Research has shown that DHA supports healthy communication between brain cells, which is critical for memory, learning, and behaviour in senior dogs. Additionally, omega-3 fatty acids help reduce the buildup of amyloid plaques, which are associated with cognitive dysfunction. By integrating omega-3s into your dog's diet, you can help maintain their cognitive health and improve their overall quality of life as they age.

Benefits of Omega-3 Fatty Acids for Cognition:

- Supports the structure and function of brain cells
- Reduces inflammation and oxidative stress in the brain
- Enhances memory, learning, and behaviour
- Protects against cognitive decline and age-related brain changes

MCT Oil for Cognitive Performance

MCT (Medium Chain Triglyceride) oil is gaining recognition for its ability to enhance cognitive performance in aging dogs. MCTs are a unique type of fat that is rapidly converted into ketones, an alternative energy source for the brain. As dogs age, their ability to utilise glucose for brain function diminishes, contributing to cognitive decline. By providing ketones, MCT oil offers an additional energy source that supports brain function, potentially improving mental clarity, memory, and learning abilities in senior dogs.

Research has shown that MCT oil can improve cognitive performance in dogs suffering from cognitive dysfunction syndrome. The ketones produced by MCT oil provide immediate fuel for the brain, helping to enhance mental sharpness and slow the progression of cognitive decline. Integrating MCT oil into your senior dog's diet can be an effective way to maintain their cognitive health and keep them mentally engaged as they age.

Benefits of MCT Oil for Cognitive Health:

- Provides an alternative energy source for the brain
- Enhances mental clarity and cognitive performance
- Supports memory and learning in senior dogs
- Helps slow the progression of cognitive dysfunction



OPTIMISE IMMUNITY

As dogs age, their immune systems naturally become less efficient, making them more vulnerable to infections, inflammation, and chronic disease. This decline can also impact their energy levels, wound healing, and resilience to stress. Supporting immune health is therefore a critical part of healthy aging and can significantly influence your senior dog's vitality, comfort, and overall wellbeing.

Incorporating natural immune-enhancing supplements into your senior dog's routine can help build stronger defences against illness, reduce inflammation, and support their recovery from health setbacks.

Colostrum

Colostrum is a powerful, nutrient-dense supplement that provides broad-spectrum immune support for aging dogs. Rich in immunoglobulins, growth factors, and anti-inflammatory compounds, it helps strengthen natural defences, modulate immune responses, and promote resilience against age-related immune decline. Colostrum may also assist in managing chronic inflammation, support faster recovery from illness or injury, and enhance overall vitality—making it a valuable daily addition to support wellness in senior dogs.

Benefits of Colostrum for Senior Dogs:

- Provides natural antibodies to help fight infections
- Reduces systemic inflammation
- Supports faster healing and tissue repair
- Promotes healthy skin, gut and respiratory function
- Helps defend against chronic and recurrent illness

Medicinal Mushrooms

Medicinal mushrooms are adaptogenic and immunomodulating, helping to strengthen and balance immune function in senior dogs. They also support energy, liver and kidney function, and resilience against age-related diseases.

- **Reishi** – A potent adaptogen with immunomodulating and anti-inflammatory properties. Traditionally used to manage autoimmune conditions, chronic infections, and fatigue, Reishi helps regulate immune responses and supports resilience in senior dogs with chronic or inflammatory disorders.
- **Shiitake** – Rich in beta-glucans like lentinan, Shiitake strengthens immune function, protects organs, and may help reduce the risk of chronic disease and premature aging. Especially useful for older dogs with recurring illness or lowered immunity.
- **Maitake** – A powerful immunomodulator traditionally used to boost vitality

and Qi. Maitake supports immune defences and is indicated for cancer prevention, endocrine support, and improving overall energy and wellbeing in aging dogs.

- **Turkey Tail** – Traditionally used to enhance liver and spleen function and detoxification. Turkey Tail offers strong immune-enhancing effects and is especially valuable for senior dogs facing immune deficiency, chronic infections, or as supportive care in cancer management.
- **Cordyceps** – A renowned tonic for energy and recovery, Cordyceps supports immune balance, kidney and lung health, and is ideal for dogs with chronic illness or fatigue. It also helps manage inflammation and aids resilience during infection or convalescence.

Organic Beef Spleen

Organic beef spleen is a highly nutritious, wholefood supplement that offers concentrated immune and vitality support for senior dogs. Rich in bioavailable iron, selenium, vitamin B12, and vitamin C, it helps bridge any nutritional gaps that can arise from reduced digestive efficiency in aging dogs, while supporting overall health and wellbeing.

Key peptides like tuftsin and splenopentin, found exclusively in spleen tissue, stimulate immune cells that help defend the body against infection, cancer, and chronic inflammation—making this organ meat particularly supportive of immune resilience in later life.

Benefits of Organic Beef Spleen for Senior Dogs:

- Supports healthy immune function
- Rich in highly absorbable heme iron to combat age-related fatigue and weakness.
- Provides essential nutrients for antioxidant protection, metabolic support, and vitality.
- Helps promote energy, cognitive health, and recovery from illness.
- Beneficial for senior dogs recovering from splenectomy by supporting overall immune resilience and replenishing vital nutrients.

SUPPORTING FOUNDATIONAL HEALTH WITH DIET

As our dogs age, there are many things we can do to help them age gracefully, and diet plays a crucial role in their overall health and longevity. Nutrition is the foundation of wellbeing, and one of the easiest ways we can influence our senior dog's quality of life. While some senior dogs may thrive on the same diet they've had throughout adulthood, many benefit from dietary adjustments to meet the changing needs that come with aging.

Protein

One of the most important factors to consider in a senior dog's diet is the amount and quality of protein they're receiving. Contrary to the outdated belief that older dogs require less protein, scientific evidence suggests that reducing protein can actually accelerate muscle loss, which is detrimental to senior dogs. Adequate protein is essential for maintaining muscle mass, promoting tissue repair, supporting the immune system, and helping with recovery from injuries or surgeries.

Animal-based proteins (like meats, fish, and eggs) are particularly important because they contain all the essential amino acids dogs need, making them a complete source of protein. While fresh protein sources are ideal, they don't necessarily have to be raw—many senior dogs benefit from cooked foods due to reduced digestive efficiency. Cooking makes proteins easier to digest and can also help entice dogs with diminished senses of smell and taste to eat.

Calories

As dogs age, their metabolism slows down, which can lead to weight gain. Obesity in senior dogs significantly shortens lifespan and increases the risk of conditions like diabetes, heart disease, and arthritis. Reducing calorie intake can help prevent weight gain, but it's important to ensure your dog still gets all the nutrients they need. Rather than cutting back on food, switching to leaner meats like turkey, kangaroo, or goat can provide high-quality protein while managing calorie intake.

On the other hand, if your senior dog starts losing weight unintentionally, it's important to consult a veterinarian to rule out underlying health conditions.

The Importance of Plant-Based Foods

As senior dogs experience reduced immune function, incorporating antioxidant-rich foods can support their health. Phytonutrients found in fruits and vegetables play a crucial role in protecting against oxidative stress, reducing inflammation, and supporting overall health. These compounds have been shown to reduce the risk of diseases like cancer, cardiovascular conditions, and even cognitive decline.

While dogs don't rely on plant-based nutrients for survival, the addition of small amounts of fruits and vegetables to their diet can have significant health benefits. For improved digestion and nutrient absorption, raw vegetables can be blended or lightly steamed before feeding. Starchy vegetables like sweet potatoes should always be cooked to increase digestibility.

To reduce pesticide exposure, it's also a good idea to choose organic options for fruits and vegetables, when possible, particularly those listed on the FDA's 'Dirty Dozen' list.

Examples of some great low glycaemic fruits and vegetables to include in your senior dog's diet are:

- **Vegetables:** Leafy greens, broccoli, carrots, mushrooms, zucchini, green beans, fresh herbs, and dandelion greens.
- **Fruits:** Berries, apples, pears, kiwi fruit and pomegranate.

Fibre

Although fibre isn't a required nutrient in a dog's diet, it can still provide valuable health benefits for senior dogs. For example, psyllium husks can help regulate bowel movements and support healthy anal gland function, while functional fibres like slippery elm and inulin act as prebiotics, promoting healthy gut bacteria. However, it's important to keep fibre intake to a reasonable level, as excessive fibre can lead to digestive upset.

Probiotics

Probiotics play an essential role in maintaining gut health and supporting a dog's immune system. As dogs age, the diversity of gut bacteria often decreases, which can contribute to gastrointestinal issues, inflammation, and weakened immunity. Supplementing with probiotics can help improve digestion, support nutrient absorption, and positively influence mood and behaviour.

Probiotics can come from supplements designed for dogs or from natural sources like fermented foods (sauerkraut, kefir) and yogurt (plain, unsweetened).

Additional Functional Foods for Seniors:

- **Organic Super Greens (such as Spirulina, Chlorella, Moringa, Barley Grass):** These greens are rich in vitamins, minerals, and antioxidants, making them excellent for boosting the immune system, supporting digestion, and fighting off free radicals that contribute to aging.
- **Organic Freeze-dried Organs:** Organ meats such as liver, spleen, kidney and pancreas are nature's multivitamins and provide concentrated sources of essential nutrients such as iron, zinc, selenium and vitamin C, along with many

other bioactive compounds – all of which are crucial for maintaining a healthy immune response and help support the overall health and vitality of senior dogs.

- **Dental Seaweed:** This natural seaweed (*Ascophyllum nodosum*) helps reduce plaque and tartar buildup, supporting overall dental health in senior dogs. By breaking down biofilm on teeth and gums, it helps reduce bad breath and promotes healthier gums, contributing to better oral hygiene and reducing the risk of dental disease—a common concern for aging dogs.

Other Considerations

When feeding senior dogs, avoid serving frozen or overly cold foods. Traditional Chinese Medicine (TCM) suggests that cold foods can slow circulation and worsen pain or digestive issues in older dogs. Warming their food slightly can enhance appetite and support better digestion.

Additionally, focusing on low-glycaemic carbohydrates, such as berries and leafy greens, can help regulate blood sugar levels and reduce the risk of conditions like diabetes. Avoid heavily processed carbohydrates, as they are linked to inflammation and oxidative stress, which can contribute to degenerative diseases over time.

Where possible, consider feeding a balanced home-prepared raw or cooked or a commercial raw or cooked diet. For those who prefer convenience, freeze-dried or air-dried commercial options are great alternatives that haven't undergone extensive heat processing like kibble.

By optimising your senior dog's diet with high-quality protein, nutrient-dense fruits and vegetables, and key supplements, you can help them age with vitality and support their overall health well into their golden years.

P.E.A Plus

Palmitoylethanolamide (P.E.A) is a natural endocannabinoid-like compound that exerts analgesic, anti-inflammatory and antihistamine effects. P.E.A Plus is formulated with ultra-micronised P.E.A in combination with sunflower lecithin for rapid absorption and optimal bioavailability.

P.E.A has a long track record of use in veterinary medicine with excellent safety and tolerability. Unlike other chronic pain medications, no serious side-effects or adverse drug-drug interactions have been reported in the literature with the use of P.E.A. As such, P.E.A is a suitable addition to standard medication regimes.

Directions for use

Give 1 flat scoop per 10kg of body weight once or twice daily in food, or as recommended by your animal healthcare professional.

Give the higher dose of 1 flat scoop per 10 kg body twice daily for more severe or chronic conditions or to get on top of flare-ups. You can give the higher dose for 2-4 weeks, then reduce back down to a maintenance dose of 1 flat scoop per 10 kg of body weight (ideally, split across two meals)

Ingredients

1 scoop = 1/4 teaspoon = approx. 500 mg of powder, consisting of:

Ultra-micronised Palmitoylethanolamide (P.E.A) 200 mg
Sunflower lecithin 300 mg



60 g & 120 g oral powder

[Learn more about this product here](#)



Supports nerve & joint health



Promotes healthy skin



Aids mobility



Maintains healthy gut function



**Want to learn more about P.E.A?
Check out our podcast!**

Collagen Forte

Collagen Forte contains high-quality hydrolysed collagen peptides designed to stimulate joint cartilage metabolism and counteract joint discomfort.

Collagen has beneficial effects on mobility in dogs and contributes to the maintenance of connective tissue, joints, ligaments, bone, and skin to keep your dog physically active and enjoying life.

Directions for use

1 scoop = 1 teaspoon = approx. 2 grams of powder

Body weight	1 - 5 kg	6 - 10 kg	11 - 25 kg	26 - 44 kg	> 45 kg
Amount	½ scoop	1 scoop	2-3 scoops	3-4 scoops	5-6 scoops

Give the recommended dose once daily in food, or as recommended by your animal healthcare professional. Allow four to six weeks for best results.

Ingredients

FORTIGEL® 100% pure hydrolysed bioactive collagen peptides (bovine)



Joint and ligaments



Growth and development



Healthy coat and skin



Gut barrier integrity



300 g oral powder

[Learn more about product here](#)



**Want to learn more about collagen?
Check out our podcast!**

Joint Health Plus

VetActiv8 Joint Health Plus is a powerful joint health supplement in convenient capsule form. It features a blend of six clinically supported ingredients: Rosehip, Curcumin C3, OptiMSM, BCP Collagen, Hyaluronic Acid and VetPerine. This advanced formula is scientifically designed to reduce inflammation, protect cartilage, improve mobility, and support immunity.

Since inflammation plays a significant role in many diseases, VetActiv8 Joint Health Plus provides an all-in-one solution to support joint health and overall wellbeing.

Directions for use

If your dog has more advanced joint issues, you can continue the loading dose for a longer period. If you're using Joint Health Plus for prevention, the maintenance dose can be used from the start and continued long term.

Body weight	Small < 10 kg	Medium 10 - 20 kg	Large > 20 kg
Loading Amount	2 capsules	4 capsules	6 capsules
Maintenance Amount	1 capsule	2 capsules	3 capsules

For pets that have difficulty taking capsules, open and mix the contents with food or treats.

Ingredients

Rosehips 100 mg
Curcumin C3 50 mg
OptiMSM 50 mg
BCP Collagen Peptide Type II 50 mg
Hyaluronic acid 10 mg
VetPerine (extract of black pepper) 10 mg



60 and 180 capsules
[Learn more about this product here](#)



Want to learn more about Turmeric vs Curcumin? Check out our podcast!

Antinol Plus

Antinol® Plus is an all-natural supplement that is changing dogs' lives for the better. Each tiny capsule is made from a patented blend of marine lipid oils that are fully traceable, sustainably sourced and free from preservatives and fillers.

Directions for use

Symptoms

Body weight	Up to 22kg	Over 22kg	Timeframe
Loading Amount	2-4 capsules daily	4 capsules daily	2 weeks
Maintenance Amount	1-2 capsules daily	2 capsules daily	Continual

Wellness

Body weight	Up to 22kg	Over 22kg	Timeframe
Amount	1 capsule	1-2 capsules	Daily / Every other day

Ingredients

Each capsule contains 50 mg of patented marine lipid extract EAB-277:

- 30 mg Perna canaliculus lipid fractions (Green-lipped mussel)
- 20 mg proprietary Euphausia superb (Krill)

Antinol Plus capsules are not bleached. Fatty acid crystals may appear that look like cloudy sediment; this is normal and does not affect the integrity or performance of the product.

Caution

No known contraindications and able to be used when there is an inability to take traditional NSAIDs.

The safety of this product has not been tested in pregnant and lactating animals.

May contain a minute amount of tropomyosin protein.



Available in 60, 90, 180 and 720 capsules

[Learn more about this product here](#)

Cognition Care

Cognition Care is a premium-quality MCT oil derived from 100% pure, non-GMO coconut oil.

Studies show that MCT oil can serve as a brain-boosting fuel source, and can hinder the growth of strains of yeast and bacteria found in the mouth and on the skin.

Directions for use

Start with a lower dose and gradually increase to avoid digestive upset. Can be added to meals or given directly. For best results, use daily.

Suitable for dogs with pancreatic insufficiency, malabsorption issues, and sensitive stomachs.

Body weight	< 5 kg	5 - 10 kg	10 - 20 kg	20 - 35 kg	>35 kg
Amount	¼ tsp	½ tsp	1 - 2 tsp	1 - 1 ½ tsp	1 ½ - 2 tsp

Ingredients

100% Medium Chain Triglycerides (MCT) oil
 - Caprylic acid (C8) 60%
 - Capric acid (C10) 40%

Caution

Start with a lower dose and gradually increase to avoid digestive upset. Consult your veterinarian before use during pregnancy or lactation.



Pure Colostrum

Beneficial for dogs of all ages, Pure Colostrum is a rich source of macro- and micro-nutrients, immune modulators, growth factors and other bioactive compounds that work to promote a healthy gut, enhance normal immune function, reduce allergy risk, and support healthy growth and aging.

Directions for use

As a general guide give 1 flat scoop (¼ tsp) per 10 kg of bodyweight once daily in food, or as recommended by your animal healthcare professional. Do not heat.

Ingredients

First milking bio-active freeze-dried bovine colostrum powder.

No fillers or additives.

Cautions

Avoid in dogs with known dairy allergy.



60 g oral powder
Learn more about this product here



Healthy
immune defence



Maintains gut
barrier integrity



Ideal support
for puppies



Healthy
aging



**Want to learn more about Pure Colostrum?
Check out our podcast!**

Mushroom Elixir

A powerful, synergistic blend of ancient mushrooms traditionally used to fortify the immune system and improve vitality. Given on a regular basis, this blend may:

- Support a healthy immune system
- Aid in the recovery from chronic infections & diseases
- Support recovery from immune deficiency states
- Promote healthy aging in senior dogs
- Support the body during times of malnourishment

Directions for use

20 drops = 1 mL

Body weight	< 15 kg	15 - 30 kg	> 30 kg
Amount	5-10 drops once or twice daily in food (0.25 – 0.5 mL once or twice daily)	10-20 drops once or twice daily in food (0.5 – 1.0 mL once or twice daily)	20-30 drops once or twice daily in food (1.0 – 1.5 mL once or twice daily)

Ingredients

Ganoderma lucidum (Reishi)
 Lentinula edodes (Shiitake)
 Grifola frondosa (Maitake)
 Trametes versicolor (Turkey Tail)
 Cordyceps sinensis (Cordyceps)

Each 1 mL contains 500 mg of dried mushroom equivalent
 Mushrooms sourced from whole fruiting bodies

Alcohol free



100 mL oral liquid

[Learn more about product here](#)

Freeze Dried Organic Beef Spleen

Organic Beef Spleen is a nutrient dense superfood, rich in high-quality protein and packed with essential vitamins and minerals such as vitamins B3, B12, C, iron, zinc, copper, and selenium, in addition to beneficial peptides that are produced exclusively in spleen tissue. These nutrients have been reported to have a positive effect on health and wellbeing, especially the immune system, skin health, energy levels and cognition.

Sourced from ethically raised Australian free-range beef and manufactured using cold processing technology to ensure maximum nutrient retention.

Directions for use

1 scoop = 1 teaspoon = approx. 2 grams

As a general guide for the replacement of fresh spleen add ½ scoop per 100 g of lean meat fed, or as recommended by your animal healthcare professional.

A smaller amount can be added to complete and balanced meals as a healthy meal topper.

1 scoop of freeze-dried beef spleen is equal to approx. 10 grams of raw spleen.

Ingredients

Raw freeze-dried, 100% organic grass fed and finished Australian beef spleen.



100% natural
and organic



Superior
bioavailability



Third party
tested for
purity



Hormone,
antibiotic and
GMO free



150 g oral powder

[Learn more about this product here](#)



Want to learn more about the health benefits of organ meats? Check out our podcast!

CanineCeuticals Range of Solutions



Gut Protect

Prebiotics, probiotics, herbs and enzymes to maintain optimum immune and digestive function.



Gut Restore

Designed to restore the health of the gastrointestinal tract.



Pure SB

For healthy gut flora balance during antibiotic use.



Beef Bone Broth+

Naturally nourishing for joints, skin, gut and immune health.



Organic Super Greens

Phytonutrients and antioxidants for optimal cellular health.



Replace-A-Bone

A complete calcium source for homemade diets to ensure optimum growth and bone health.



P.E.A Plus

A natural compound that may assist in the relief of inflammation, pain and itch.



Collagen Forte

Hydrolysed collagen peptides to maintain healthy connective tissues and mobility.



Pure Colostrum

A natural source of immune compounds to support whole-body wellness.





Organic Beef Kidney

Packed with essential vitamins and minerals for overall health and wellness.



Organic Beef Liver

A rich source of vitamin A to support healthy skin, coat and connective tissues.



Organic Organ Blend

A natural source of essential nutrients to support whole-body health and wellbeing



Organic Beef Pancreas

A natural source of enzymes to support healthy digestion and improve nutrient absorption.



Organic Beef Spleen

Rich in iron and immune-enhancing compounds unique to spleen tissue.



Mushroom Elixir

A mushroom blend traditionally used to support optimum immune function.



Pure Lion's Mane

To support the health and activity of the nervous system.



Pure Turkey Tail

For healthy immune function and whole-body resilience.



Pure Milk Thistle

Traditionally used to maintain healthy liver and digestive functions.



Stress-Ease

To aid in the maintenance of emotional wellbeing.



Relax

A blend of natural plant-based terpenes to support an overactive nervous system.



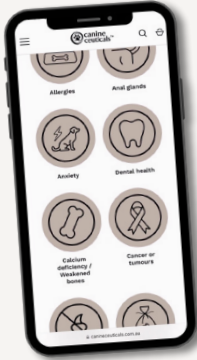
Cognition Care

For cognitive health, neurological support & healthy aging.

Resources

Our website provides a variety of resources, including comprehensive guides, blogs, podcasts and recipes all for free:

Health Quiz



Tell us about your canine companion's current health challenges and we'll guide you to which CanineCeuticals® products we believe can best support your dog's needs.

Natural Health for People and Pets Podcast

Learn about evidence-based health and nutrition from Narelle Cooke and Glenn Cooke, hosts of Natural Health for People and Pets.

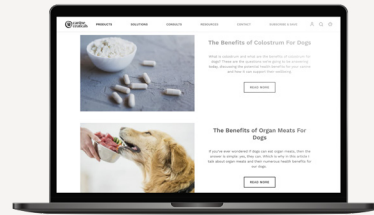


Free Recipes

Healthy raw food and baked treat recipes



Blogs



Unlock the secrets to boosting your dog's well-being with our holistic nutrition and health blog for expert tips and insights.

Connect with us!



info@canineceuticals.com.au



www.canineceuticals.com.au



Natural Health for People and Pets



@canine.ceuticals



@canine.ceuticals

CanineCeuticals® provides a premium, human-grade supplement range for dogs.

We fuse ancient traditional medicine with the latest scientific evidence to create the most effective health solutions for your pet.

Created by an accredited Clinical Naturopath, Nutritionist and Herbalist, CanineCeuticals® offers a more holistic approach to supporting the core health of your dog to ensure they receive the best health outcome possible.

CanineCeuticals® uses human-grade ingredients (locally sourced in Australia wherever possible) to create pet-friendly oral powders, oral liquids and soft gel capsules.

We believe that good health starts from the inside out, which is why we provide full support for your dog's foundational health across all life stages.

Our range of products targets everything from allergy support to digestive health, joint health, emotional wellbeing, immune support, general health and wellness, nutritional support, and even liquid herbal solutions. With our full ingredient transparency, you can rest assured that your pet is getting the best possible care.



Narelle Cooke, accredited Clinical Naturopath, Nutritionist and Herbalist - Founder of CanineCeuticals®

I created CanineCeuticals® because I'm passionate about the wellbeing of our pets.

With three French Bulldogs, one German Shepherd, one Rottweiler and one Burmese cat myself, I wanted to see my own pets live their best and longest life.

But like many pet parents out there, I became increasingly disappointed and frustrated with the quality of the products available on the market, finding that, more often than not, they contained inferior ingredients along with artificial colours, flavours and preservatives, which are simply not in the best interest of our pets overall health and longevity - and so CanineCeuticals® was born!



Healthcare that
you would expect
for yourself.

